

Top Signs That It's Time For Senior Living



Cognition

Forgets recent events, poor judgment and reasoning

Personal Hygiene

Not showering, not brushing hair, not brushing teeth

Dressing

Wears same clothes over and over, inappropriate choices for weather

Medication

Can't order medications or organize them, forgets to take them

Meal Preparation

No longer cooking, can't follow a recipe, can't operate appliances

Housekeeping

Unkempt home and/or yard

Technology

Doesn't answer calls, can't text or make a call, stops checking email or social media

Transportation

Trouble driving, not driving and has no transportation

Finances

Unopened bills, overdue bills, trouble using credit cards or cash

Socialization

Isolated with few visitors

Health

Declining health, increased fall risk, not eating properly

Family

Caregivers are worn out managing loved one's care